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The bulletin will help to keep you up to speed with what is happening in the local NHS.  Please do share with your networks to help us reach as many people as possible.   At the end of this issue you will find our communications e-toolkit which provides you with the opportunity to support us by sharing our campaigns and messages.  Please give us feedback and tell us what you want to know more about. If you have any questions or would like to ask about a topic please email us at:  [llricb-llr.pressoffice@nhs.net](mailto:llricb-llr.pressoffice@nhs.net) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **1. Public invited to join LLR ICB’s AGM** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Members of the public are invited to join Leicester, Leicestershire and Rutland Integrated Care Board’s (LLR ICB) Annual General Meeting (AGM) on Thursday 14 August.  The AGM will take place online as part of the LLR ICB’s Board meeting in public, which will begin at 9am, with the AGM taking place at approximately 10.30am and ending at 11am.  It will provide an opportunity for members of the public, partners and stakeholders to look back at progress and achievements during 2024-25, and find out about the ICB’s financial position and priorities, as the ICB reflects on its third year of overseeing local health services and sets out its plans for the year ahead.  Anyone wishing to attend the meeting should register their attendance before 12pm on 12 August, by emailing: [llricb-llr.enquiries@nhs.net](mailto:llricb-llr.enquiries@nhs.net).  Anyone wishing to ask a question is requested to email [llricb-llr.enquiries@nhs.net](mailto:llricb-llr.enquiries@nhs.net) by 5pm on Monday 11 August. This will enable responses to be planned and provided at the meeting where possible. | | |  |  |  | | --- | --- | | |  | | --- | | A collage of people posing for a photo  AI-generated content may be incorrect. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **2. Speak to children’s doctors at walk-in vaccination clinics** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Now that the school summer holidays are almost midway through it’s the perfect time to start thinking about the new school year and how to best prepare children and those most vulnerable in our communities from preventable viruses and disease before the colder winter months set in.   To support local people access vaccinations and health information the NHS in Leicester, Leicestershire, and Rutland (LLR) has been running a range of conveniently located walk-in clinics so that local people can top up their protection without needing an appointment. This service is for anyone that has missed their MMR, whooping cough, or RSV vaccine, if you are unsure if your children are fully vaccinated come along and speak to our clinicians who can check for you.   All residents and particularly pregnant women, parents of newborn babies, school aged children and older people are being urged to take the opportunity to check they’re fully up to date with all their free routine NHS vaccinations.   Dr Habab Mekki and Dr Katie Meimeti, Paediatric Emergency Medical Consultants at Leicester Royal Infirmary will also be attending some of the clinics to meet with parents to discuss the benefits of vaccinations, common ailments and provide advice and guidance about what to do and where to go with their children’s common health concerns and to understand the difference between an emergency and a minor ailment. They will be attending the following clinics:   * **Monday 4 August** – Braunstone Park, Cort Crecent, Leicester, LE3 1QN between 10am-4pm. * **Friday 29 August** - The Community Shop, Stocking Farm, 26 Marwood Road, Beaumont Leys, Leicester, LE4 2ED between 9am-3pm. * **Saturday 30 August** - Parkland Primary School Fun Day, St Thomas Road, South Wigston, LE18 4TA between 10am-3pm.   Walk-in clinics are taking place at further locations in LLR. Find your closest clinic by visiting: <https://leicesterleicestershireandrutland.icb.nhs.uk/how-to-get-your-vaccine/> | | |  |  |  | | --- | --- | | |  | | --- | | Summer walk-in vaccination clinics. Paediatric doctors from UHL children's emergency department, Dr Katie and Dr Habab will be attending some of our walk-in vaccination clinics this summer. If you have children and would like to speak to them about common children's health conditions come along  to one of the clinics. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **3. Extra urgent dental appointments available** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Almost 14,000 additional appointments are now available for people in Leicester, Leicestershire and Rutland (LLR) who need urgent dental care.  The urgent appointments are part of the 700,000 extra urgent dental appointments being rolled out across the country, announced by the government in February.  The appointments are for urgent conditions including:   * Severe toothache: persistent and intense pain that cannot be managed with over-the-counter painkillers. * Dental abscess: infection causing swelling, pain, and possibly fever. * Broken or knocked-out tooth: trauma resulting in a fractured or completely dislodged tooth. * Uncontrolled bleeding: bleeding in mouth that doesn't stop maybe following a dental procedure or an injury. * Swelling: significant swelling in the mouth or face that could indicate an infection. * Fractured, loose or displaced fillings causing pain. * Bleeding gums requiring urgent treatment for acute conditions. * Other treatments may be available at the discretion of the dentist. These treatments may require extra visits and costs.   People can get an urgent appointment by visiting [NHS111](https://111.nhs.uk/) or phoning 111. More information is available on our website: [Urgent Dental Care - LLR ICB](https://leicesterleicestershireandrutland.icb.nhs.uk/your-health/urgent-dental-care/).  These additional appointments have been added in the Leicester and Leicestershire areas, and will complement the existing urgent dental care service available to patients living in LLR.  Additionally, people can also have their say on the proposed NHS dental contract changes through the Department for Health and Social Care’s consultation on proposed changes to the NHS dental contract. The [NHS dental contract quality and payment reforms 2026](https://www.gov.uk/government/consultations/nhs-dentistry-contract-quality-and-payment-reforms) represent a significant step on the journey to improve access to and quality of NHS dentistry.   Patients, stakeholders and anyone working in NHS dental services, are invited to take part in the consultation which closes on 19 August 2025.  [Click here to take part](https://www.gov.uk/government/consultations/nhs-dentistry-contract-quality-and-payment-reforms). | | |  |  |  | | --- | --- | | |  | | --- | | Need urgent dental treatment? Visit our website for a list of condidtions. Appointmnets available via NHS 111 | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **4. Diabetes team win praise for helping manage the condition** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | The paediatric diabetes team, based in the Children’s Development Centre at the Leicester Royal Infirmary have won praise for their vital work in helping young children learn about the condition and how to manage it on a daily basis.  Five-year-old Hattie Powell was diagnosed with Type 1 diabetes earlier this month when her mum Katie noticed her unquenchable thirst when she returned from school.  Katie said: “When I saw how thirsty Hattie was, I knew something wasn’t right. The urine test confirmed high glucose levels, so we took her to hospital immediately. The team has been incredible from the start, explaining everything clearly and supporting us throughout. Even though Hattie is so young, she’s handled it really well and already understands what it means – it’s almost as if she’s had diabetes for years. The teddy bears with insulin pumps have been a brilliant way to help her understand what’s happening.”  Duane Mellor, Senior Specialist Dietitian at the University Hospitals of Leicester NHS Trust, who helps children understand and manage diabetes, said: “We use toys, games, and teddy bears fitted with insulin pumps to explain how the pumps work and what diabetes means in a way children can easily understand."  To find out more, visit: <https://www.uhleicester.nhs.uk/news/parents-praise-uhls-incredible-paediatric-diabetes-team/> | | |  |  |  |  | | --- | --- | --- | | |  | | --- | | Image of UHL Senior Specialist Dietitian, Duane Mellor | | Image courtesy of University Hospitals of Leicester NHS Trust | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **5. Carers UK State of Caring survey** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Carer UK’s annual State of Caring survey is the most extensive survey into unpaid carers’ experiences in the UK. It is used as a vital source of evidence not only by Carers UK, but by many other organisations including Government, local authorities, health and social care services, charities and carers’ groups.  With new proposals and policy changes being announced by the UK Government, it is more important than ever that you have your say. Please note that this survey is only for unpaid carers (or former unpaid carers) who are looking after a disabled, older or seriously ill relative or friend.  The survey closes on **10 August** and Carer UK will publish the results later this year. We know carers are busy and very much appreciate everyone who takes the time to complete the survey.  Click here to take part: [State of Caring Survey 2025](https://www.surveymonkey.com/r/HNRPHSQ). | | |  |  |  | | --- | --- | | |  | | --- | | Image of two hands holding. | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Extra** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Free bus travel every weekend throughout August 2025**   Leicestershire County Council are offering free bus travel every weekend throughout August 2025 on selected routes across the county.   This initiative is open to all and provides a valuable opportunity for low-income families to access essential services and leisure activities without the additional stress of travel costs. The opportunity aims to support local communities by improving access to destinations such as Leicester city centre, Loughborough, Hinckley, Coalville, and popular attractions like Bradgate Park and Twycross Zoo.   For full details, visit: [Leicestershire County Council – Free August Weekend Bus Travel](https://www.leicestershire.gov.uk/news/free-august-weekend-bus-travel-announced) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **NHS communication e-toolkit**  This e-toolkit provides you with the opportunity to support us by sharing our campaigns and messages. The toolkit, which will be updated every week, includes all our latest assets for you to use across your communication channels, such as social media messages and graphics. | | |  |  |  | | --- | --- | | |  | | --- | | In this week's e-toolkit: Healthy living toolkits for people with learning disabilities. NHS 111. Urgent care services in LLR. NHS recommended vaccines. Five top tips to get tthe right care. Medicines waste. | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [**Click here**](https://leicesterleicestershireandrutlandhwp.uk/partner-toolkit/) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.facebook.com%2FNHSLeicester&xid=ed3da8aa6c&uid=40890353&iid=16006a5b03&pool=cts&v=2&c=1753961297&h=df5d6370709d71539456d65c3b938fe801ca302000280820778eb7eb3400c176) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Ftwitter.com%2FNHSLeicester&xid=ed3da8aa6c&uid=40890353&iid=16006a5b03&pool=cts&v=2&c=1753961297&h=aab2f66850924c4e875512b4160b3864a964c25323442221d5481adb52c410fc) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Website](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.leicestercityccg.nhs.uk%2F&xid=ed3da8aa6c&uid=40890353&iid=16006a5b03&pool=cts&v=2&c=1753961297&h=b1aa9a1e51ddd9361cf155c1db17fe40c09e7f94a29bd277c0ec9b54a35cce12) | | | | | | | |  |  |  | | --- | --- | | |  | | --- | |  | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | | |