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The bulletin will help to keep you up to speed with what is happening in the local NHS.  Please do share with your networks to help us reach as many people as possible.   At the end of this issue you will find our communications e-toolkit which provides you with the opportunity to support us by sharing our campaigns and messages.  Please give us feedback and tell us what you want to know more about. If you have any questions or would like to ask about a topic please email us at:  [llricb-llr.pressoffice@nhs.net](mailto:llricb-llr.pressoffice@nhs.net) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **1. Preparation work on new Day Case Unit for Hinckley set to begin** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | The Leicester, Leicestershire and Rutland Integrated Care Board (LLR ICB) today announced that preparation work for a Day Case Unit at Hinckley and District Hospital is set to begin in coming weeks.   The Department of Health and Social Care has extended the spend date of the allocated funding for the new Day Case Unit until March 2026, to enable its delivery. The total cost of the new facility is £10.5million.  A new build Day Case Unit on the existing Hinckley and District Hospital site will see all services delivered from a new building on the Mount Road site linked to the new Community Diagnostic Centre (CDC).   Sarah Prema, Chief Strategy Officer at LLR ICB, said: “This is fantastic news for the people of Hinckley and surrounding areas.  “The DHSC decision to extend funding for the project into 2026 will enable delivery of a modern, fit-for-purpose Day Case Unit for the local population allowing care to be delivered closer to home.  “We will continue to work closely with Hinckley and Bosworth Borough Council’s planning department and will be submitting a planning application in coming months.”  To find out more, visit: <https://leicesterleicestershireandrutland.icb.nhs.uk/preparation-work-on-new-day-case-unit-for-hinckley-set-to-begin/> | | |  |  |  | | --- | --- | | |  | | --- | | A person walking on the street  Description automatically generated | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **2. Local NHS to end prescribing of gluten-free foods** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | The NHS in Leicester, Leicestershire and Rutland (LLR) is to end the prescribing of gluten-free foods from 1 February 2025.  The decision was taken by the LLR Integrated Care Board (ICB) at its meeting on 12 December 2024, following a lengthy engagement process including a public consultation, and discussions with patient representative groups and clinicians including GPs, dietitians and pharmacists.  The ICB Board has recommended that additional support should be put in place for patients following diagnosis of coeliac disease and/or dermatitis herpetiformis, including advice and guidance on diet, lifestyle and staying healthy.  The ICB decision will save the NHS more than £250,000 a year, at a time of significant financial pressure on the health service. This move within LLR is in line with other parts of the East Midlands that have taken similar decisions to remove gluten-free food prescribing.  For more information, visit:  <https://leicesterleicestershireandrutland.icb.nhs.uk/local-nhs-to-end-prescribing-of-gluten-free-foods/> | | |  |  |  | | --- | --- | | |  | | --- | | A flour on a table with wheat ears and a rolling pin  Description automatically generated | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **3. Get ready to be festive** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Health leaders in Leicester, Leicestershire, and Rutland (LLR) are reminding eligible local people to have all their NHS recommended winter vaccinations to help prevent the spread of viruses, in our communities ahead of the festive season, including Covid-19, flu, and RSV.  To help reinforce the important role of vaccinations in healthcare, the local NHS has launched **‘**Get ready to be festive’ a countdown where a new fact about vaccines will be shared daily until Christmas Day on our social media accounts.  When we spend more time indoors with more people at festive parties and events, it becomes much easier to catch and spread the viruses to other people. Those that are pregnant, aged 65 or over, or have a weakened immune system, or those with a long-term health condition, are all at risk from becoming seriously unwell from the effects of the viruses.  In LLR there are a variety of ways in which people can get vaccinated ahead of the festive period, including walk-in clinics, that people can go to without an appointment, or appointments can be booked at community pharmacies and GP practice clinics. There are also walk-in antenatal vaccination clinics for pregnant women that are located across the city and county (Monday to Friday 9am – 4pm) and specialist clinics that are dedicated to vaccinating eligible children ranging from five to 18 years of age and those with learning disabilities that require a more calming environment.  For more information, visit: <https://leicesterleicestershireandrutland.icb.nhs.uk/deck-the-halls-and-get-ready-to-be-festive-by-having-your-covid-19-and-flu-vaccines-this-festive-season/>. | | |  |  |  | | --- | --- | | |  | | --- | | Get ready to be festive. Fact 1 about vaccines: Vaccines were first created by Edwrd Jenner using Cowpox to protect an 8-year-old boy against smallpox. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **4. Order repeat prescriptions ahead of the festive period** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | The NHS in Leicester, Leicestershire and Rutland is asking people to be prepared ahead of the festive bank holidays.  GP practices and many community pharmacies will be closed over the festive bank holidays, and people on regular medication are advised to avoid being caught short and running out of supplies.  Anyone taking regular prescription medication, should make sure they have enough to last and, if they need more, they should request a repeat prescription immediately. People can order their medication using the NHS App, or through their GP practice, which will also have an online service.   The Friday before a bank holiday is always a very busy day for GP practices and pharmacies, and last-minute orders put a strain on pharmacy resources, with the risk that people may not be able to get hold of their medication in time. Ordering early will save time and will make sure people can collect their medicine from their nearest pharmacy and not have to travel further. | | |  |  |  | | --- | --- | | |  | | --- | | Order your repeat prescriptions now. Last minute orders put a strain on Pharmacy resources and you risk not having enough medication. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **4. Help us make the festive season extra special for your family** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | The festive season is here and we want to help you stay as healthy and happy as possible over your festive break.   The local NHS has created the Parents’ Stay Well Guide for Children Aged 0-9 Years which gives you all the information you need to get the right care for the most common health worries for children. These include:   * Fever * Head injury * Diarrhoea and vomiting * Breathing issues   Some simple home-based self-care could save you from hours in one of our busy GP or hospital waiting rooms, giving you and your family more time together at this special time of year.   To find out more visit: <https://www.leicestershospitals.nhs.uk/patients/winter-health-advice/parents-stay-well-guide/> | | |  |  |  | | --- | --- | | |  | | --- | | Image of a family with a young child by a Christmas tree | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Extra** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Two nurses who go above and beyond receive international DAISY award  Two nurses from Leicestershire Partnership NHS Trust (LPT) have received the international DAISY Award for the outstanding compassionate care they provide to their patients.  The DAISY Awards are an international recognition programme that honours and celebrates the exceptional care that many nurses and midwives provide every day.  Claire Stafford, complex wound nurse, was nominated for the award for going “above and beyond” in providing care to a patient with wound complications, and Alicia Foulds, specialist community heart failure nurse, was nominated for the prestigious award for providing “incredibly high standard of individualised, patient-centred, holistic care” to an older patient.  To find out more visit: <https://www.leicspart.nhs.uk/news/two-nurses-who-go-above-and-beyond-receive-international-daisy-award/> | | |  |  |  |  | | --- | --- | --- | | |  | | --- | | A collage of a person holding a certificate  Description automatically generated | | Left to right: Claire Stafford and Alicia Foulds | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Have your say on the future of fertility services**  The NHS is inviting people across Leicester, Leicestershire and Rutland (LLR) to have their say on how fertility treatments are provided by the NHS in the East Midlands.  People are being asked for their feedback on potential changes to the policy, in relation to the criteria for people wishing to access fertility treatment.  People can provide their views through a survey, which is open to everyone until 10 January 2025, so that the NHS can consider all feedback to inform the policy.  People can complete the survey and read further information at: [https://leicesterleicestershireandrutland.icb.nhs.uk/be-involved/fertility-review](https://leicesterleicestershireandrutland.icb.nhs.uk/be-involved/fertility-review/) | | |  |  |  | | --- | --- | | |  | | --- | | Help shape the way fertility services are delivered. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **NHS communication e-toolkit**  This e-toolkit provides you with the opportunity to support us by sharing our campaigns and messages. The toolkit, which will be updated every week, includes all our latest assets for you to use across your communication channels, such as social media messages and graphics. | | |  |  |  | | --- | --- | | |  | | --- | | In this week's e-toolkit - Get ready to be festive - Get in the know this winter - NHS 111 - Urgent care services in LLR - NHS recommended vaccines - Improving inhaler technique. | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [**Click here**](https://leicesterleicestershireandrutlandhwp.uk/partner-toolkit/) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.facebook.com%2FNHSLeicester&xid=9170ff3a1d&uid=40890353&iid=b264d6a6c5&pool=cts&v=2&c=1734010215&h=1b91c7437e273d6c2090809a671e7d35524c0e7e8c20269ec3e3d169b9ff20f9) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Ftwitter.com%2FNHSLeicester&xid=9170ff3a1d&uid=40890353&iid=b264d6a6c5&pool=cts&v=2&c=1734010215&h=739a43ba8eaf8a63339052d41e82d10ac9eb6beb0444f058da47448321c91143) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Website](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.leicestercityccg.nhs.uk%2F&xid=9170ff3a1d&uid=40890353&iid=b264d6a6c5&pool=cts&v=2&c=1734010215&h=1a316a748e8cd06bdbe14ed5932d8aa8332e1172840fdf7b31ad9797a2bc8a32) | | | | | | | |  |  |  | | --- | --- | | |  | | --- | |  | | | | | | |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | | | | | |

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