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The bulletin will help to keep you up to speed with what is happening in the local NHS.  Please do share with your networks to help us reach as many people as possible.   At the end of this issue you will find our communications e-toolkit which provides you with the opportunity to support us by sharing our campaigns and messages.  Please give us feedback and tell us what you want to know more about. If you have any questions or would like to ask about a topic please email us at:  [llricb-llr.pressoffice@nhs.net](mailto:llricb-llr.pressoffice@nhs.net) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **1. Permanent Chief Executive for our new ICB Cluster** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | A person in a suit and tie  AI-generated content may be incorrect.We would like to share an update about the permanent joint Chief Executive role for the NHS Leicester, Leicestershire and Rutland ICB and Northamptonshire ICB cluster.  Following the recruitment process, we have now received confirmation from NHS England that Toby Sanders has been appointed. He will start his permanent role from 1 October, and joins Anu Singh, who has been confirmed as the newly appointed chair.  Toby said: “I am delighted to be appointed as Chief Executive at such a pivotal time for our health and care system and look forward to working with our newly appointed Chair Anu Singh, our staff and partners across both systems as we start this new chapter for our organisations.  “I know from my own experience that this system has a proud tradition of partnership working, and I am confident that by building on this we can meet the challenges ahead and create lasting improvements for the people we serve.”  Anu said: “I am delighted Toby has been appointed as the permanent Chief Executive. Toby brings a great deal of experience and knowledge of the local systems and provides us with much needed continuity as we move through this period of transition.  “I look forward to working with him to deliver the highest quality care for the communities we serve.” | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **2. Changes to city healthcare hubs from next week** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | From next Wednesday (1 October 2025), new same-day appointments for urgent care during evenings, weekends and bank holidays will be available for patients registered with Leicester city GP practices, from more locations closer to home. The current service during these times provided at Westcotes, Saffron and Belgrave Healthcare Hubs will be replaced by the new same-day appointments, with the final appointments from the hubs ending on Tuesday 30 September.  The new appointments will be available from around 10 general practice locations each day. The locations will vary from day to day, with appointments available during the following times:   * Monday to Friday: 6.30pm to 8pm * Saturdays: 9am to 5pm * Sundays and bank holidays: 10am to 2pm.   Patients are asked to follow the advice given in our latest campaign, 'Need help fast?' which is to contact your GP practice, or NHS 111 when your practice is closed, in situations where self-care hasn't worked, or the problem is more serious.  If you need to be seen on the same day, your practice or NHS 111 will help arrange the right appointment for you, which could be at one of the new locations.  You can read more about this on our website: [Same day appointments - LLR ICB](https://leicesterleicestershireandrutland.icb.nhs.uk/your-health/find-the-right-service/same-day-appointments/)  In addition, we are asking for city patients' views about same-day appointments, including the new same-day appointment offer in Leicester, in a new questionnaire. You can complete the questionnaire here by 7 December: [Need help fast engagement - LLR ICB](https://leicesterleicestershireandrutland.icb.nhs.uk/be-involved/need-help-fast-engagement/) | | |  |  |  | | --- | --- | | |  | | --- | | Are you registered with a GP practice in Leicester City? Find out about changes to same-day appointments from 1 October 2025 | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **3. Jess’s Rule: Three strikes and we rethink** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | This week, the Department of Health and Social Care and NHS England announced the implementation of Jess’s Rule: Three strikes and we rethink. Under Jess’s Rule, GP teams are encouraged to critically re-evaluate a diagnosis if a patient presents three times with the same or escalating symptoms or concerns and an existing treatment plan that is not working.  Jess’s Rule is in memory of Jessica Brady who passed away due to cancer in December 2020 at the age of 27. In the five months leading up to her death Jess had over 20 consultations with her GP practice, and her cancer had not been diagnosed.  Dr Nil Sanganee, Medical Director at the Leicester, Leicestershire and Rutland Integrated Care Board (LLR ICB) said: "The local NHS in Leicester, Leicestershire and Rutland welcomes the new recommendation which will ensure patients receive consistency of care and will also support GP teams to manage patients with unresolved symptoms.   "We’d like to remind patients that early detection of cancer makes it more treatable and can help to save lives, so if you are worried about a symptom that could be cancer, contact your GP practice. "  Please visit the Jess’s Rule website for more information and resources: [NHS England » Jess’s Rule: Three strikes and we rethink](https://www.england.nhs.uk/long-read/jesss-rule-three-strikes-and-we-rethink/) | | |  |  |  | | --- | --- | | |  | | --- | | Jess's Rule. Three times and we rethink. Reflect. Review. Rethink. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **4. Marvellous Medicine talk on breast cancer** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Join the local NHS for the next Marvellous Medicine Talk with Dr Kelly Lambert, Associate Medical Director for Cancer and Consultant Breast Surgeon at University Hospitals of Leicester NHS Trust.  In this online webinar you will find out about the latest breast cancer research, prevention strategies, and what we can all do to reduce risk.  The webinar takes place on Thursday 9 October between 6pm-7:30pm, via MS Teams.  [Click here](https://www.tickettailor.com/events/universityhospitalsofleicester/1782705?fbclid=IwY2xjawNAv11leHRuA2FlbQIxMABicmlkETFKS1dudnBqVGZyUUhaUGM3AR6kLZjNSD4vIwy3I0b5gnsbgKm7iWuds3kIhaPmf4NlHbkY0c9JGn0a_YKv8Q_aem_Rq2jHBUnpb-y9QWaOtbrWA) to book your place. | | |  |  |  |  | | --- | --- | --- | | |  | | --- | | A person smiling at the camera  AI-generated content may be incorrect. | | Dr Kelly Lambert, Associate Medical Director for Cancer and Consultant Breast Surgeon at University Hospitals of Leicester NHS Trust | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | |  | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **5. Think Health, Think Pharmacist on World Pharmacist Day** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | Today is World Pharmacist Day and the theme for this year is ‘Think Health, Think Pharmacist’.  Our pharmacists play a crucial role in building healthier communities, and we are taking the opportunity to raise awareness of the health issues they can help with. When you contact your GP practice or NHS 111, and you need to be seen on the same day, they may recommend you are seen in a pharmacy instead, under the Pharmacy First scheme. Your practice can also book an appointment for you.  The Pharmacy First scheme offers an easy and convenient way to get clinical advice on minor health concerns and can offer treatment for seven common conditions without patients needing to see a GP.  Highly trained pharmacists can assess and treat patients for earache, impetigo, infected insect bites, shingles, sinusitis, sore throat and urinary tract infections (UTIs) for women aged 16-64, without the need for a GP appointment or prescription.  Community pharmacy teams are highly-skilled, qualified health professionals who have the right clinical training to give people the health advice they need. Patients don't need an appointment and private consultation rooms are available. Pharmacy teams can also signpost to other relevant local services where necessary.  Pharmacy First has increased the range of services community pharmacies offer and gives people more choice in how and where they access care, whilst also freeing up GP appointments.  Don't wait for minor health concerns to get worse – think Pharmacy First and get seen by your local pharmacy team.  For more information, visit [www.nhs.uk/thinkpharmacyfirst](https://www.nhs.uk/nhs-services/pharmacies/how-pharmacies-can-help/). | | |  |  |  |  | | --- | --- | --- | | |  | | --- | | [A person looking at a camera  AI-generated content may be incorrect.](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fyoutu.be%2FMkEzzvxizYI&xid=938333e09c&uid=40890353&iid=c65aa61c5d&pool=cts&v=2&c=1758806148&h=30a92f2dde3aff55b4e80170a62c2973de98b5659fc6cef972f0b19f4c3f5f0c) | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Extra** | | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **Happy Navratri to our Hindu communities**  The Leicester, Leicestershire and Rutland Integrated Care Board (LLR ICB) would like to wish a Happy Navratri to all of our local Hindu communities and colleagues.  Navratri is a nine-night festival (Monday 22 September – Thursday 2 October 2025) celebrating Goddess Durga and the victory of good over evil. During this time, people pray, fast and during the nine nights, they take part in traditional dance.   This festival will end with Dusshera, the tenth night, and then Diwali, the festival of lights will follow later in the month, on Monday 20 October 2025. | | |  |  |  | | --- | --- | | |  | | --- | | A purple background with candles and a circular pattern  AI-generated content may be incorrect. | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **GP Assessment Unit to be renamed as Medical Same Day Emergency Care area**  From Tuesday 30 September, the GP Assessment Unit (GPAU) at the Leicester Royal Infirmary will become the Medical Same Day Emergency Care (MSDEC) area. This name change will provide clarity for patients on the service they are attending.  Under [the Same day emergency care model](https://www.england.nhs.uk/urgent-emergency-care/same-day-emergency-care/#what-is-same-day-emergency-care) (SDEC), appropriate patients can be rapidly assessed, diagnosed and treated without being admitted to a ward, and, if it is clinically safe for them to do so, can go home on the same day that their care is provided. | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | **NHS communication e-toolkit**  This e-toolkit provides you with the opportunity to support us by sharing our campaigns and messages. The toolkit, which will be updated every week, includes all our latest assets for you to use across your communication channels, such as social media messages and graphics. | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | | A yellow toolbox with blue text  AI-generated content may be incorrect. | |  |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [**Click here**](https://leicesterleicestershireandrutlandhwp.uk/partner-toolkit/) | | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  | | --- | --- | | |  | | --- | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.facebook.com%2FNHSLeicester&xid=938333e09c&uid=40890353&iid=c65aa61c5d&pool=cts&v=2&c=1758806148&h=438becc51e8ffae1e5f8475bda37905ce6cec2a547c32fa2f51e46f5f496b28b) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Ftwitter.com%2FNHSLeicester&xid=938333e09c&uid=40890353&iid=c65aa61c5d&pool=cts&v=2&c=1758806148&h=8a560ebd99fcf582641eababc6341a04ca6cde47e6b49b257138b28988bac780) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Website](https://us10.mailchimp.com/mctx/clicks?url=https%3A%2F%2Fwww.leicestercityccg.nhs.uk%2F&xid=938333e09c&uid=40890353&iid=c65aa61c5d&pool=cts&v=2&c=1758806148&h=a9fb8db0f90386290016d795c189a97e2b3b15008af808714104e442af023e87) | | | | | | | |  |  |  | | --- | --- | | |  | | --- | |  | | | | |