

**Live Well & Dance  
with Parkinson's**



**People  
Dancing**  
the foundation for  
community dance

## **New Venue for Leicestershire!**

**Creative, fun and sociable dance sessions led by experienced artists trained in delivering dance for people living with Parkinson's and their carers**

**Tuesdays 10am – 11.45am**

**Free Church, Main Street, Kirby Muxloe, LE9 2AN**



**Come along, move well, meet new friends and have fun in a safe environment. Carers and friends welcome.**

**£3 includes refreshments.**

**Book your place by contacting 07585602238**

**[leicestershire@livewellanddance.org.uk](mailto:leicestershire@livewellanddance.org.uk)**

